

# /uu Beauty Treatments & Price List Summer 2021 | Introduction

# Introduction





# Choose Yuu for a superior you

We have now been open over a decade and have consistently brought revolutionary beauty and well-being treatments to a wide range of clients. We are very proud of all that we have achieved over the past 13 years, including winning Outstanding Salon of the Year at the 2019 Scottish Hair & Beauty Awards.

We pride ourselves on providing on-going training to all of our therapists to ensure that all of our treatments are delivered to the highest standards. You can guarantee that every treatment you receive will be delivered safely and expertly, so that you can enjoy highly effective results. In fact, we are one of the only salons in Edinburgh to offer clients the choice with a range of different machines for similar treatments, because everyone's skin and hair types are different.

At the heart of our philosophy is the Japanese word 'Yuu' which means superior. We like to think our expert approach to skin health and well-being makes us the reason why more and more clients choose Yuu Beauty. Our exclusive Beauty Club is another major reason why more clients are choosing us, for only £35 per month, Beauty Club members enjoy a £50 monthly credit, priority booking, freebies, 10% off all retail products and 20% off our Product of the Month. We know you want to look and feel fabulous at a price you can afford. Thankfully, you've made a superior choice and come to the right place...

- INAA 2014 Outstanding Salon
- Scottish Hair and Beauty Awards Salon of the Year 2016
- Scottish Hair and Beauty Awards Salon of the Year 2019
- The Phorest Client Experience Award 2018 & 2019 & 2020





# **Appointments**

When booking any treatment, you will need to provide your credit or debit card details for a **£20 deposit** to secure the booking. Longer appointments may require a higher deposit. Please arrive at least 10 minutes ahead of your treatment to complete a mandatory consultation form. This helps our experts tailor any treatment for you.

# Yuu Etiquette

To maintain our relaxing environment and to fully enjoy your Yuu experience, we respectfully ask that mobile phones are turned off before and during treatments.

# **Cancellation Policy**

Cancellation Policy Cancellation of all appointments must be made at least 24 hours before your appointment time to avoid losing your deposit. **Discount voucher appointments** can not be changed or missed. If you contact the salon 48 hours before your appointment, it is possible to change your appointment for a fee of £10.

# Health & Safety

For the interim we have had to implement following guidelines due to Coronavirus:

- If you are showing symptoms of COV-ID 19 or have been in contact with anyone with symptoms over last 14 days please reschedule.
- Please be on time and wait outside for your appointment. We will wave you into both Yuu Beauty and Yuu Nails.
- Please attend your appointment alone.
- · Please wear a face covering.
- Please fill out a consultation form which will be emailed prior to your appointment.
- · Sanitise your hands on entering Yuu Beauty and Yuu Nails.
- · Bring minimal belongings with you.
- · Observe social distancing around others in the salon.
- Your health and safety is very important to us at Yuu. Clients
  have now been spaced out to reduce the number of clients
  and extra cleaning time has been allocated. Unfortunately we
  are unable to offer any refreshments or magazines at this time.

## **Gift Vouchers**

Gift Vouchers are ideal and flexible gifts which are valid for 6 months. Please ask at reception.



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# If your beauty routine involves regular treatments, it's worth becoming a member of Yuu's Beauty & VIP Club to receive discounts and lots more!

For a small fee of only £35 per calendar month, membership benefits include:

- £50 worth of credit to spend on treatments per calendar month
- 10% discount on all retail products
- 20% discount on product of the month
- £30 Gift Voucher for members who recommend a friend to join the Beauty Club
- Preferential rates on services which are on offer plus all additional services at Yuu (including Titanium Soprano Laser, IPL and Dermapen™)
- Priority booking including Sunday
- Exclusive VIP-only events and product launches
- Invitations to model and experience free treatments as and when therapists are undergoing more in-depth training

**Yuu's VIP Club starting July 2021** onwards please ask reception for more details - don't delay, join today!



# Yuu Beauty Treatments & Price List Summer 2021 | Laser Hair Removal by Soprano Titanium

# Laser Hair Removal by Soprano Titanium

SPREAD THE COST OF YOUR HAIR REMOVAL JOURNEY.

ASK RECEPTION FOR DETAILS!



# **NEW AND EXCLUSIVE TO YUU!**

# It Doesn't Hurt To Have Smooth Skin

Soprano hair removal solution offers several incredible advantages to other available solutions, due to its unique combination of cutting-edge technologies, extra large applicator and advanced cooling system. These features let you feel fabulous fast – pain free!

### The Beauty of 3

Featuring its exclusive 3D technology, Soprano combines the three most effective laser wavelengths into a single applicator, simultaneously targeting different tissue depths and anatomical structures within the hair follicle. This means that different levels within the skin are targeted all at once, leading to a much more effective treatment – and skin that stays hair-free longer.

### Say Freeze!

Forget about pain or discomfort. Soprano includes a breakthrough cooling system, called ICE Plus that has been uniquely designed to keep your skin cool throughout the entire session. Sit back and chill out with a smoothie, as your skin becomes smooth and silky.

### 3-2-1 Smooth!

Another amazing benefit of Soprano is its extra-large TRIO 4cm<sup>2</sup> applicator. This means that the coverage area is much bigger, significantly shortening treatment times and making the entire hair removal process much more comfortable and convenient. You'll be out and about in less time than ever!

Please note: an essential patch test at the cost of £20 must be carried out prior to any treatment to determine Laser effectiveness and suitability for your skin. This cost is redeemable against the purchase of future Laser treatments.

MEN'S FACE & BODY         £560         £480         £90           Sideburns         £360         £440         £65           Back of Neck         £280         £270         £55           Upper or Lower Back         £880         £720         £130           Full Back         £960         £780         £150           Full Chest         £880         £750         £130           Upper Chest or Lower Chest         £640         £540         £100           Shoulders         £400         £330         £60           Full Abdomen         £880         £750         £130           Lower Abdomen         £480         £420         £75           Lower / Upper Arm         £640         £510         £90           Full Arms         £880         £750         £130           MEN'S PACKAGES           Full Back & Shoulders         £1280         £1020         £180           Full Back & Shoulders         £1480         £1200         £220           Full Back & Full Chest         £1480         £1200         £215           Full Back & Back of Neck         £1040         £870         £160           Full Chest & Abdomen         £1120				
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Lower Abdomen         £480         £420         £75           Lower / Upper Arm         £640         £510         £90           Full Arms         £880         £750         £130           MEN'S PACKAGES           Full Back & Shoulders         £1280         £1020         £180           Full Back & Shoulders & Upper Arms         £1480         £1200         £220           Full Back & Full Chest         £1480         £1200         £215           Full Back & Back of Neck         £1040         £870         £160           Full Chest & Shoulders         £1120         £900         £160	Shoulders	£400	£330	£60
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MEN'S PACKAGES           Full Back & Shoulders         £1280         £1020         £180           Full Back & Shoulders & Upper Arms         £1480         £1200         £220           Full Back & Full Chest         £1480         £1200         £215           Full Back & Back of Neck         £1040         £870         £160           Full Chest & Shoulders         £1120         £900         £160	Lower / Upper Arm	£640	£510	£90
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FULL BODY			
PACKAGE AVAILABLE!	COURSE OF 8	COURSE OF 6	PER SESSION
FACE			
Upper Lip/Under Lip	£280	£240	£45
Chin	£300	£280	£50
Jawline	£280	£240	£45
Neck	£280	£270	£55
Back of Neck	£280	£270	£55
Sideburns	£280	£270	£55
Sides of Face/Cheeks	£280	£240	£45
Forehead	£280	£270	£55
Lower Face	£720	£630	£115
Full Face	£800	£690	£130
BODY			
Tummy Line	£320	£270	£50
Abdomen	£560	£480	£100
Underarms	£400	£360	£65
Fingers & Hands	£280	£240	£45
Toes & Feet	£280	£240	£45
Full Leg	£1360	£1200	£225
Top of Leg not inc Knee	£880	£750	£135
Half Leg inc Knee	£960	£780	£150
Thighs	£560	£480	£90
Nipples	£280	£240	£45
Lower/Upper Arm	£640	£510	£90
Full Arms	£880	£750	£130
BIKINI			
Standard Bikini	£400	£360	£70
G String (High) Bikini	£480	£420	£80
Brazilian	£720	£600	£110
Hollywood inc Peri	£880	£720	£130
Buttocks	£400	£360	£70
Full Buttocks	£560	£480	£90
WOMAN'S PACKAGES			
Upper Lip & Chin	£480	£420	£75
Upper Lip, Chin & Jawline	£720	£600	£110
Jawline & Chin	£480	£420	£80
Full Face & Neck	£1040	£870	£160
Lower Face & Neck	£920	£780	£150
Standard Bikini & Underarms	£640	£570	£110
G String (High) Bikini & Underarm	£760	£630	£125
Brazilian & Underarms	£920	£780	£140
Hollywood inc Peri & Underarms	£1040	£870	£160
Full Leg & Standard Bikini	£1360	£1230	£235
Full Leg & Higher Bikini	£1480	£1290	£245
Full Leg & Brazilian	£1680	£1440	£265
Full Leg inc Knee & Hollywood in Peri	£1800	£1560	£285
Half Leg inc Knee & Standard Bikini	£1080	£930	£175
Half Leg inc Knee + G String (High) Bikini	£1160	£960	£185
Half Leg inc Knee + Brazilian	£1360	£1110	£210
Half Leg inc Knee + Hollywood in Peri Anal	£1480	£1200	£225
229 1	2.100	2.200	

# /uu Beauty Treatments & Price List Summer 2021 | IPL Permanent Hair Reduction

# IPL Permanent Hair Reduction



# IPL (Intense Pulsed Light) Permanent Hair Reduction

Excess body hair is a common complaint for our male and female clients. Our versatile IPL services provide safe and effective hair reduction or removal for face and body. IPL is the only clinically-proven method of permanent hair reduction and, because it is virtually pain free, it's no surprise that it's our most popular treatment.

We want you to have the best IPL treatment that suits your skin type. That's why our specialists offer two different hair removal solutions and each can be tailored to your individual needs:

### 1 Formatk 'All-in-One'

Ground-breaking technology which offers IPL and a range of other skin and nail perfecting treatments.

# 2 Lynton Luminette

Can treat exceptionally delicate hair problems.

# Only at Yuu, for you...

Many clients hesitate when considering IPL treatment due to anticipated high costs. At Yuu, our IPL treatments are priced per session to help you manage your beauty budget. We do not expect you to pay in advance for a course of treatments – all we ask for is a small deposit, redeemable against a future booking. If you're tired of other hair removal methods, then IPL is one affordable luxury you can't afford to miss!

## **Benefits**

- · safe and virtually pain-free procedure
- · most effective form of hair reduction available
- · long lasting results
- tailored IPL treatment preferences
- · flexible payment options

Please note: an essential patch test at the cost of £20 must be carried out prior to any treatment to determine IPL effectiveness and suitability for your skin. This cost is redeemable against the purchase of future IPL treatments.

# IPL Permanent Hair Reduction

# Permanent Hair Reduction with Formatk 'All-in-One'

Women - Treatment Per Session		
Upper Lip	£35	
Chin	£3E	
Lip & Chin	£50	
Jaw line	£40	
Chin & Jaw line	£60	
Cheeks	£50	
Full Face	£100	
Neck	£50	
Sideburns	£35	

Body	
Nipples	£40
Underarm	£50
Forearm/Full Arm	£75 - £90
Abdomen	£60
Tummy Line	£40
Bikini	£55
Brazilian/Hollywood	£65 - £75
Half Leg inc knee	£75
Full Leg	£145
Hands/Feet	£35

Men - Treatment Per session	
Back of Neck	£50
Chest	£75
Chest & Abdomen	£150
Shoulders	£60
Full Back	£150

# Permanent Hair Reduction with Lynton Luminette

Women - Treatment Per Session		
Upper Lip	£40	
Chin	£40	
Lip & Chin	£70	
Jaw line	£50	
Chin & Jaw line	£80	
Cheeks	£70	
Full Face	£115	
Neck	£70	
Sideburns	£40	

Body	
Nipples	£55
Underarm	£70
Forearm/Full Arm	£90 - £120
Abdomen	£80
Tummy Line	£50
Bikini	£75
Brazilian/Hollywood	£85 - £125
Half Leg inc knee	£125
Full Leg	£200
Hands/Feet	£40

£70
£100
£175
£80
£200

# Skin Rejuvenation & Nail Fungal



# Skin Rejuvenation

There are many reasons why skin begins to sag and lines form: pregnancy, weight loss, sun exposure and ageing are just some of the causes. The IPL Rejuvenation process uses IPL (Intense Pulse Light) to heat the under-layers of the skin, stimulating the production of collagen which is the substance that keeps the skin firm and supple. More collagen means firmer, smoother skin with a visible reduction in fine lines and wrinkles, particularly on the face, neck and décolletage. Hands, which can age much faster than other parts of the body because of their constant exposure to water and harsh chemicals, can also be rejuvenated to look smoother with a more even skin tone.

After a course of IPL Rejuvenation, skin appears firmer and fuller

Thread Veins, Pigmentation, Acne Clearance and Skin Rejuvenation with Lynton Luminette

011101	oitiii itoja romano	
15 m		£50
30 m	nins	£75
45 m	nins	£100

# Nail Fungal

Did you know that hand and nail fungus are increasingly common ailments? We at Yuu Beauty see countless clients, desperate to find a fast-acting, effective remedy to this unsightly problem. Thankfully, we are the first range of skin clinics to offer an exclusive, medically proven IPL treatment courtesy of world-class aesthetic company, Formatk. This is a truly unique and powerful therapy with often remarkable improvements after one session. Treatment of all ten fingers/toes is recommended to combat spread of fungus.

**Fungal Nail Treatment** 

8-12 treatments are recommended to effectively reduce and get rid of bacterial fungal on nails.

Per session	£75
3 sessions	£200
6 sessions	£300
10 sessions	£450

# Waxing & Threading

# Lycon Hot Wax

Lycon is the latest waxing brand favoured by A-listers. Formulated using a series of aromatherapy ingredients, Lycon Hot Wax is a gentler yet more effective treatment which can remove hairs as short as Imm. This is a low-temperature procedure where the wax shrink-wraps around the hair, pulling it out of the follicle (as opposed to pulling the skin). The result is much smoother skin – perfect for sensitive areas!

**Body Waxing** 

<i>1</i> 99	
Full Leg	£37
Full Leg & Standard Bikini*	£44
Full Leg & High Bikini*	£49
Full Leg & Brazilian*	£55
Full Leg & Hollywood*	£61
Half Leg	£25
Half Leg & Standard Bikini*	£35
Half Leg & High Bikini*	£40
Half Leg & Brazilian*	£46
Half Leg & Hollywood*	£52
Standard Bikini*	£19
High Bikini*	£25
Brazilian*	£33
Hollywood*	£43
Underarms	£16
Forearms	£21
Full Arms	£25

\*(add £5 for Lycon wax for bikini)

Face Waxing & Threading

race waxing a rinedaling	
Eyebrows	£13
Upper Lip	£11
Chin	£11
Sides of Face	£12
Upper Lip & Chin	£18
Eyebrow with Upper Lip or Chin	£20
Eyebrow, Upper Lip & Chin	£29

Men's Waxing



Yuu Beauty Treatments & Price List Summer 2021 | Waxing & Threading

# Yuu Beauty Treatments & Price List Summer 2021 | CACI Anti-Ageing Facials

# CACI Anti-Ageing Facials



The new CACI Synergy system combines the functionality of the two best-selling systems, the CACI Ultra and the CACI Ultimate and introduces pioneering S.P.E.D™ microcurrent LED technology, a breakthrough new advancement in microcurrent therapy. For the first time on the market, skincare specialists will be able to harness the power of LED light therapy at the same time as using microcurrent. The dual action of simultaneous LED and microcurrent energy stimulates tissue regeneration and helps in the production of collagen. The synergy of these two technologies provides more visible and longer lasting results.

The CACI Synergy offers: new S.P.E.D™ microcurrent LED technology, orbital dermabrasion, ultrasonic peeling and CACI's unique Wrinkle Comb (a non-invasive alternative to dermal fillers). With so many treatment options available, salons can now offer a complete range of anti-ageing and skin rejuvenation solutions using just one advanced treatment system.

### ANTI-AGEING FACIALS

Synergy Non-Surgical Fo	acial Toning
1hr 25mins	£115
Course of 10	£900

This facial combines our signature Non-Surgical facial toning with the skin rejuvenation benefits of both our Ultra and Ultimate treatments. It also introduces our breakthrough S.P.E.D™ Microcurrent LED Technology, which simultaneously uses LED light therapy and microcurrent to enhance results providing the very best in CACI Non-Surgical Facial Toning. Ultrasonic peeling and orbital microdermabrasion are used to gently cleanse & exfoliate leaving a brighter, smoother complexion. S.P.E.D™microcurrent LED technology will then lift and tone the face and neck, followed by CACI's unique Wrinkle Comb to target fine lines and wrinkles. After a course of treatments you can expect to see a more youthful and toned appearance with glowing, healthy skin.

# CACI Anti-Ageing & Rejuvenating & Hydrating Facials

CACI Signature Non-Surgical Facial Toning with S.P.F.D™ Microcurrent LED technology

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60mins			£70
Course o	of 1∩		£600
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The CACI Signature Non-Surgical Facial Toning is an advanced non-invasive facial, with 20 years medical research behind it. Microcurrent impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow.



Ultimate Skin Rejuvenation	
55mins	£55
Course of 10	£450

The Ultimate Skin Rejuvenation treatment uses controlled orbital microdermabrasion to exfoliate and deeply cleanse the skin, leaving a brighter, smoother complexion. CACI's unique Wrinkle Comb will then target fine lines and wrinkles providing a non-invasive alternative to collagen injections with LED light therapy to heal and trigger tissue repair. This facial is completed with the CACI Hydro Mask that intensively hydrates and nourishes the skin.

Above treatment can be enhanced with S.P.E.D Microcurrent LED Technology for an additional cost of £10.

### HYDRATING FACIALS

CACI Express Hydrating Facial	
25mins	£35
Course of 10	£250

The Express Hydrating Facial is a deeply nourishing treatment that hydrates and tones. It combines microcurrent rollers (which help restore muscle tone and firmness) with the Hydro Mask. The Hydro Mask is infused with collagen, hyaluronic acid and rose water to deeply nourish and deliver a surge of moisture to the skin that will soothe and calm any skin redness and irritation (great for a special occasion and perfect for brides to be).



# **CACI Targeted Areas**



# **TARGETED AREAS**

CACI Eye Revive	
40mins	£40
Course of 10	£350

The CACI Eye Revive will work to lift and firm the muscles around the eye area, particularly where people tend to lose definition as they age, known as 'hooded eyes'. This treatment will also help smooth the appearance of fine lines and wrinkles.

CACI Eye Lift	
25mins	£35
Course of 10	£300

The CACI Eye Lift will work to lift and firm the muscles around the eye area, particularly where people tend to lose definition as they age, known as 'hooded eyes'. This treatment will also help smooth the appearance of fine lines and wrinkles.

CACI Jowl Lift	
25mins	£35
Course of 10	£300

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline which can cause drooping jowls and loose skin. This treatment is specially designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

CACI Hand Treatment	
25mins	£35
Course of 10	£300

The CACI hand treatment minimises age spots and intensively moisturises, leaving your hands hydrated and supple for a more youthful appearance.

CACI Electro Cellulite Massager (ECM)	
25mins	£35
Course of 10	£300

The Electro Cellulite Massager treatment gives instant lifting and contouring on the buttocks and toning of the thighs. This treatment will improve the appearance of cellulite and break down fatty deposits. It will also stimulate circulation and lymphatic drainage, which will help to flush toxins away giving a smoother and tighter, dimple free appearance. Great as a pre-holiday body blitz.

Microdermabrasion is one of the most popular aesthetic procedures on the market. Here at Yuu, we offer two different options for this type of treatment – Medical Microdermabrasion and Diamond Peel Microdermabrasion.

For Medical Microdermabrasion, our Derma Genesis machine can perform crystal or crystal free treatment, depending on your skin type. This state of the art technology is proven to be clinically effective for issues including dry or oily skin, fine lines and wrinkles, hyperpigmentation, sun damaged skin and scar tissue reduction.

Diamond Peel Microdermabrasion is a slightly gentler treatment, which can be altered according to body area and abrasion level, is a controlled form of surfacing in which diamond grain gently exfoliates the outer layer of the skin. These procedures promote collagen production, and the results are immediate – skin is visibly rejuvenated and firmer.

Microdermabrasion is safe, painless and suitable for face, neck and body. For optimum results, a course of treatments is recommended

Medical Microdermabrasion	
40 mins	£60
Course of 5	£275
Milia Extraction	
15 mins	£15
Skin Smoothie	
25 mins	£38
Course of 5	£180
Super Skin Smoothie	
55 mins	£55
Course of 5	£240



# Yuu Beauty Treatments & Price List Summer 2021 | Dermaloaica Facials

# Dermalogica Facials



# Face Mapping® Skin Analysis

How well do you know your skin? Our five-minute, comprehensive skin analysis service will help identify your skin type, the condition of your skin and allow our experts to prescribe you a personalised skin care regimen. Conducted at the beginning of your skin treatment.

# ProSkin30®

25 mins £35

# Add on BT-Nano Heads to maximise your treatment £5

Looking for a high impact and short on time? Our 25-minute treatment is designed by our experts specifically for you and your most pressing skin concern. Enhance this facial with our new BT-Nano Heads from Bio-Therapeutic. They are a game changer for your facial treatment.

# ProSkin60®

55 mins

£55

# Add on BT-Nano Heads to maximise your treatment £5 Add on LED Light Therapy to brighten and boost collagen production £10

Want the best skin you've ever had? Our ultimate 55-minute treatment is customised to target all of your skin needs and to leave your skin radiant and glowing. Enhance this facial with our new BT-Nano Heads from Bio- Therapeutic. They are a game changer for your facial treatment along with our LED Light Therapy mask.

# PRO Firm Neck & Skin Treatment®

55mins

£60

# Add on BT-Nano Heads to maximise your treatment £5 Add on LED Light Therapy to brighten and boost collagen production £10

Our 55-minute PRO Firm Neck & Skin Treatment represents a new generation in skin treatments. Functioning like a workout for your neck and face, it utilises a unique combination of fascia massage techniques that work on facial tone and firmness, along with retexturising and replenishing products for smooth skin. Enhance this facial with our new BT-Nano heads from Bio-Therapeutic and our LED Light Therapy.

# Dermalogica Age-Smart Anti-Ageing

70mins

£65

# Add on BT-Nano Heads to maximise your treatment $\pounds 5$ Add on LED Light Therapy to brighten and boost collagen production $\pounds 10$

Our ultimate 70-minute treatment includes a more in-depth action plan to combat ageing. Includes all the benefits of our Pro Skin 60 with extra relaxation involved. Enhance this facial with our new BT-Nano heads from Bio-Therapeutic and our LED Light Therapy.

# Yuu Beauty Treatments & Price List Summer 2021 | Dermalogica Pro Power Peels & Skin Tightening

# Dermalogica Pro Power Peels & Skin Tightening

£50

# Pro Power Peel30®

25 mins £6

Looking for a professional peel experience? Our all-new Pro Power Peel redefines the peel experience. Our strongest and fastest peel yet, the Pro Power Peel collection features a full suite of peel products, including Alpha Hydroxy Acids (AHAs) and Beta Hydroxy Acids (BHAs). With a unique system of three different acids for a deep exfoliation personalised to you, it is ideal to target lines and wrinkles, uneven pigmentation or breakouts.

# Pro Power Peel60® 55 mins

£

# Add on LED Light Therapy to brighten and boost collagen production $\pounds 10$

This effective and customised 55-minute treatment combines the benefits of our Pro Power Peel30 treatment with additional advanced techniques and technologies. You've never had a peel treatment like this before. Enhance this facial with our new LED Light Therapy.



 2 areas (40 min app)
 £69

 Course of 5 (25 min app)
 £225

 Course of 5 (40 min app)
 £300

Near-Infrared skin tightening with Titanium Soprano is an effective treatment for treating loose skin on many areas of the body. It's commonly used for the face, neck, upper arms, abdomen and hands. It works by passing a safe near-infrared light over the skin, gradually heating the water content deep in the tissue below the skin. This causes collagen fibres to contract and tighten, resulting in the smoothing out fine lines and tightening of sagging skin. Fibroblasts are also stimulated which promote new collagen formation.

During the treatment you will feel a warm sensation, but the outer skin is kept cool. The treatment has often been likened to as a hot stone massage. After treatment your skin may look a little flushed for a couple of hours, but this usually subsides very quickly.

You can apply make-up immediately, and you would expect to resume normal activities straight away. Generally, the best results are achieved after 5 treatments, with 2-4 weeks between visits. After a course of treatment, you may wish to have a top up treatment every 6-12 months to combat the natural ageing process.



# Yuu Beauty Treatments & Price List Summer 2021 | DermaQuest Facials & Non Prep Resurfacers

# DermaQuest Facials & Non Prep Resurfacers



# **Re-Awakening Facial with BT-Nano Heads & LED Light Therapy** 70 mins £85

Embrace the power of this oxygenating, nourishing and deeply hydrating treatment to remind your skin what it's been missing. Suffering from 'lockdown lacklustre skin'? Too many hours indoors? Lack of Vitamin D over the winter months? Central heating taken its toll? Is the stress of lockdown starting to show? Don't panic! We can re-awaken your skin, making sure you're radiating a healthy glow this spring. Look your very best ready to see all those faces that you've been missing. This is no ordinary facial. This is a bespoke facial designed to bring your skin back to its former glory after months of hibernation.

### Benefits:

- · Improves tone and texture of the skin
- Brightens and reduces pigmentation
- · Effectively exfoliates and hydrates

# DermaQuest™ Facials

55 mins

£55

Add on BT-Nano Heads to maximise your DermaQuest™ treatment £5.

Add on LED Light Therapy to brighten and boost collagen production £10

**Essential Balance Facial -** Who is this for? Universal treatment appropriate for all skin types and conditions. A brilliant introduction to the DermaQuest product range, this revitalizing treatment promotes healthy, balanced skin.

**C Infusion Facial** – Who is this for? Universal treatment for those concerned with preventative ageing and dull, lifeless skin.

**Peptide Vitality Facial** - Who is this for? Clients with moderate ageing concerns, visible lines/wrinkles and rough textured skin.

**Skinbrite Facial** - Who is this for? Clients with hyperpigmentation, uneven skin tone and dull lifeless skin.

# NEW Non-Prep Resurfacers from the Sweet Collection 40 mins

This intensely hydrating treatment uses the purest grade of hyaluronic acid to smooth and refine the skin. Perfect to tackle dry, dehydrated or ageing skin, the Sweet Hydrate treatment leaves skin soft, nourished, plumped and glowing.

# DermaQuest™ Resurfacers & Peels

Using advanced technologies and formulas with the highest quality ingredients, DermaQuest™ products offer unrivalled treatments and results. Before any resurfacers are undertaken, we recommend the use of DermaQuest™ products. Patch test and consultation required for all treatments.

# Resurfacers Pumpkin and Power Pumpkin Resurfacer

This resurfacer treatment combines pumpkin pulp with lactic, salicylic and glycolic acids to revitalise and brighten the skin

Power Peptide Resurfacer	
40 mins	£60
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This is renowned for age management, age prevention, pigmentation and acne management and are designed to cleanse, nourish and protect your skin for sustainable results.

# MangoBrite Resurfacer 40 mins

MangoBrite is an excellent treatment for age management and adult acne. Rich in Enzymes and Vitamin C. Mango Pulp and Orange Stem Cells gently exfoliate and brighten the skin.

# Glycolic Acid (40%) Resurfacer with stem cells

A mild but powerful resurfacer, the Glycolic treatment is the ultimate way to address skin concerns. Based on the science that plant stem cells encourage human stem cell renewal and growth, this resurfacer evens skin tone, improves texture, reduce fine lines and resolve noninflammatory acne.

DermaQuest™ Peels	
40 mins	£85

DermaOuest™ C-Infusion and SkinBrite Peels are preventative ageing treatments for dull, uneven skin tones. They brighten and hydrate the skin removing layers of sluggish skin cells.

DermaQuest™		
40 mins		£125
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This is the ideal age fighting peel formulation to restore and rebuild damaged skin showing the sign of ageing, fine lines, wrinkles and loss of firmness. Downtime required!



# Dermapen™ & VeinAway™



One technology that has been proven to deliver amazing results is the Dermapen™. The treatment is a form of collagen induction therapy where a series of needles penetrate the skin causing thousands of micro injuries at a vertical angle using a specialist medical device, for both faster and more precise needle penetration. The procedure leads to increased collagen production, which effectively repairs scars, reduces hyper-pigmentation and renews tired looking skin.

The Dermapen™ has revolutionised micro skin needling, making it easier, safer and less painful to get maximum results compared with traditional Derma Roller skin needling. The results are more extraordinary, longer lasting and treatment time is faster, making this a top choice for anyone looking to achieve younger and smoother skin. The benefits of Dermapen™ Treatments are multiple, and the most effective ones are:

- · Skin Tightening, Natural Collagen
- Induction, Lifting & Rejuvenation
- Treats Active Acne & Acne Scars & Wound Healing
- Reduces Wrinkles & Fine Lines
- · Minimises Pore Size
- Improves Stretch Marks
- Improves Rosacea & Pigmentation Disorders

# Face and Neck

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45 mins	£145
Course of 3	£375

# Add on £10 for LED Light Therapy to brighten and boost collagen production

# **Body Areas**

45 mins	£145
Course of 3	£375

The VeinAway™ System is one of the world's most advanced thread vein removal technologies on the market, offering quicker results and virtually no pain, compared to other vein removal technologies. This treatment can be used for many issues including; Thread Veins, Skin Tags and Milia. It is also more controlled, allowing a more comfortable experience for you. It can be used on sensitive areas including the face and legs. It provides safe and effective treatments with immediate and visible results. This treatment can also be used to treat skin tags that can occur as you get older.

## Thread Vein Treatment

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15mins	£ 9 9
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30mins	£149

# Skin Tag Treatment 15mins £75 30mins £125

# Yuu Beauty Treatments & Price List Summer 2021 | Massages & Therapies

# Massages & Therapies

Aromatherapy Massage	
25 mins	£35
55 mins	£55

Essential oils can have an incredibly therapeutic effect on the body's respiratory, nervous, circulatory and endocrine systems. Furthermore, the aroma of essential oils and massaging into the skin can evoke pleasant memories, balance emotions and restore harmony to body, mind and spirit.

Hot Lava Shell Relief Massage	
70 mins	£65

The Hot Lava Shell Relief Massage is excellent for relieving the deepest of aches, pains, stress and tension. During treatment, these smooth shells are expertly glided over the body with varying pressure, technique and precision by your therapist and according to your needs. Hydrating oils are also applied to moisturise the skin. Ultimately, the warming energy of the shells helps to revitalise and re-balance the mind, as well as the body.



A traditional, ancient head massage which originates from India. It works by releasing and boosting energy to the brain, synchronising left and right hemispheres in the process.

Classic Swedish Massage	
25 mins	£35
55 mins	£55
85 mins	£75

Using five styles of massage, this all-over-body treatment is excellent for relieving joint stiffness, tension, stress and can boost circulation.

Reflexology (Available with Poppy only on selected days)	
55 mins	£55

If you feel something needs to 'shift', you have a build up of toxins or congestion in the body or you simply need some time out to re-energise and relax, then this treatment could be what you're looking for to help promote your body's natural healing processes and restore vitality.

Pregnancy Massage	
55 mins	£55

The Pregnancy Massage is specially-designed to create a feeling of weightlessness. It assists in spinal alignment, relieving discomfort, reducing stress, relieving mental and physical fatigue as well as improving circulation – which in turn decreases swelling. This massage is suitable from 14 weeks until the birth of your baby.



# /uu Beauty Treatments & Price List Summer 2021 | | Aveda Facial & Body Treatments

# Aveda Facial & Body Treatments



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25 mins	£35
55 mins	£55
85 mins	£75

Dry, oily, ageing, uneven, sensitive and blemish conditions can all be addressed with a customised Aveda Facial Treatment. After a thorough consultation your skincare therapist selects the best combination of products, personalised Aveda aromas and techniques to move your skin towards balance and reveal its natural beauty.

# Stress-Fix™ Massage

This is a terrific all-over stress reliever that accommodates Swedish and deep-tissue massage techniques, foot reflexology and acupressure points. The aromas of lavender, lavandin and clary sage are present throughout this massage which aids relaxation. Clinically-proven to reduce feelings of stress, you will feel calmer and rejuvenated.

25 mins	£35
55 mins	£55

# Hand or Foot Massage

25 mins £35

Relieve tension in tired and over-worked hands with one of our specialist Aveda Hand Massages. Delivered by one of our experienced therapists, this massage uses natural oils to nourish your hands and leave you feeling revitalised. If you're on your feet or pounding the pavements all day, our Aveda Foot Massage is for you. Featuring our Aveda Foot Relief™ treatment, this cream massage is the perfect remedy for aching feet.

# **AVAILABLE AT YUU ONLY!**

# Aveda Aroma Back Treatment

40 mins £45

The Aveda Aroma Back Treatment can only be described as a facial for your back! The treatment involves a deep cleanse whilst hot steam opens your pores and if required extraction can be undertaken. A luxurious exfoliation is followed with a mask, whilst your mask is on a relaxing foot massage eases any stresses away. Hot towels are used to remove your mask ending with a relaxing back massage whilst kept cosy in our heated beds.

# Face, Neck, Back and Shoulder Massage

55 mins £55

Each session begins with a back, neck and shoulder massage to ease away the stresses and strains of the day. The facial massage then involves a deep cleanse, exfoliation and customised treatment mask which leaves your skin groomed and re-hydrated.

# The Gentleman's Facial

55 mins £55

This is tailored for a man's specific skin care needs. The treatment starts with a deep cleanse with steam if required. An exfoliation and extraction follows to help replenish the skin. The facial concludes with a cool, soothing algae mask used to balance and hydrate the skin which will also alleviate any shaving irritation. A relaxing shoulder massage

# Goodbye Pores – Medical Microdermabrasion

40 mins £60

This is an extremely effective, pain-free microdermabrasion of the skin's upper surface using crystals. Excellent for reducing the appearance of open pores and clearing congested areas.

# Men's Mani

0 mins £

Hand and nail treatment which includes a therapeutic hand massage plus cuticle work followed by buffing. If you want smoother hands and good nails, look no further than this popular mini-treatment.

# Men's Foot and Nail Treatment

40 mins £4

Foot and nail treatment to remove hard skin, a therapeutic foot massage to help make feet luxuriously smooth followed by cuticle work and buffing for perfect nails!

## Specialist Nail Fungal Treatment

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Per session	£75
3 sessions	£200
6 sessions	£300
10 sessions	£450

Using IPL (Intense Pulse Light), this revolutionary treatment means that results are visible after only one session. 8-12 treatments are recommended to effectively reduce and get rid of bacterial fungal on nails.

# Waxing

Eyebrows	£13
Full Back	£28
Half Back	£19
Half Back & Shoulders	£24
Full Back & Shoulders	£33
Full Chest	£28
Half Chest	£19



